

Ballymena runners





FREE COMMUNITY EVENT

VISIT, WALK OR RUN ON ST. PATRICK'S LINK ROAD



12:00pm Family Fun – Games and Bouncy Castles

12:30pm Fun Walk & Run

1:15pm Ballymena Runners Golden Mile (over 14)

Scan the QR code to register for Ballymena Runners Golden Mile





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**DIRECTIONS TO BALLYMENA SHOWGROUNDS** 

## **EVENT SCHEDULE**

11.30pm Gates Open

12.00pm Family Fun – Games and Bouncy Castles

12.15pm Warm up to music

12.30pm Start of Fun Walk & Run

12.45pm Registration for Golden Mile closes

1.15pm Ballymena Runners Golden Mile





parkrun



Local, all ability running club, meets every Monday and Wednesday

FREE weekly 5k Walk and Run, 9:30 every Saturday, Ecos

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