

## BREAKFAST CLUB 8.30AM

Cereal, Yoghurt, Toast , Fresh fruit, Apple juice, Tea

### BREAK MENU from P3 upwards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Toast	Toast	Toast	Toast	Toast
Boiled egg	Pancakes	Soda bread	Toasted baps	Cheesy bagel
Yoghurts	Yoghurts	Yoghurts	Scrambled eggs	Yoghurts
cereal	cereal	cereal	Yoghurts	cereal
fresh fruit	fresh fruit	fresh fruit	cereal	fresh fruit
			fresh fruit	